



# BRIAN J. PLACHTA

**CREATIVE, ENERGETIC AND DOABLE SOLUTIONS TO LIVE YOUR BEST LIFE**

## A LITTLE ABOUT BRIAN

As a spiritual mentor, published author, lawyer, husband, father, and grandfather he understands the core to living your best life is to connect with the God of your understanding so you can experience the love, affirmation, and guidance of the Divine Power that lives and breathes within you.

Through his speaking engagements and workshops, Brian gives participants a simple and direct understanding of what makes us tick, along with a smorgasbord of doable spiritual practices the audience gets to try on and take home to enrich their lives, open their hearts, so they can live the life they desire and imagine.

## CONTACT DETAILS:

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## SPEAKING TOPICS

### FINDING FLOW—DOABLE SPIRITUAL PRACTICES TO RECLAIM INNER PEACE, BALANCE, AND WHOLENESS.

Here's a simple lifestyle you can adopt to discover the wholeness we seek. It's rooted in the ageless wisdom practiced by history's timeless spiritual teachers.

### WHO YOU ARE IS HOW YOU PRAY

There's no wrong or right way to pray. The important thing is to explore different paths to determine which ones draw you closer to the Creator and your Authentic Self. This workshop will provide a smorgasbord of prayer practices and experiences so you can find your sacred path.

### FINDING FLOW—HOW TO FIND REORDER, WHEN IT FEELS LIKE YOUR WORLD'S FALLING APART.

There's a pattern of inner growth and transformation common to all of us. By discovering that pattern and determining where you are in it, you can find Divine Flow and experience deeper peace and understanding.

### THE MIND-BODY-SPIRIT CONNECTION—HOW TO DEEPEN YOUR RELATIONSHIP WITH GOD.

God has gifted us with four spiritual centers of knowing. They're embodied within us. This workshop will those centers and provide an opportunity to experience them.

View more at [brian@brianplachta.com/speaking](mailto:brian@brianplachta.com/speaking).



"Brian's presentation on Finding Flow was an outstanding workshop and extremely well received... it engaged us and helped us see ourselves through God's eyes. We were left with a desire to continue to find flow in our own lives and in our community."

— Lisa Hudkins, Spiritual Director, Spiritual Life Center, CT

"Finding Flow shares the simplicity of spiritual practice in so many varied, longstanding, and proven ways... you will find yourself building your own tailored 'rule of prayer' and move to develop a center of prayer within. This will set your spiritual life in motion so daily life can turn into a true pilgrimage marked by the resilience, inner peace, and compassion that only can come from a real relationship with God."

— Robert J. Wicks, Author of *Heartstorming: Creating a Place God Can Call Home*